

ARTHRITIS ADVISORY COUNCIL MEETING

Date: September 10, 2003

Time/Place: 12-2, PTC Bldg, 6th Floor

Recorder: Deanna Jarvis

Facilitator: Patti Moran

Attendees: Bonnie Christophersen (phone), Karen Clark, Barbara Corwin (phone), Donna Denney, Sue Englesby, Lisa Fall, Susan Grey, Jeanette Jones, Kent McCarthy, Joanne Mitten, Patti Moran, David S. Nielson, Victoria Saley (phone). Guest speaker Selina Carver.

DISCUSSION	ACTION/RECOMMENDATION
<p>Updates/Announcements:</p> <ul style="list-style-type: none"> ▪ Patti announced the Bureau of Health Promotion has merged with the Bureau of Environmental Health and Safety to become the Bureau of Community and Environmental Health, with Elke Shaw-Tulloch as Bureau Chief. The Arthritis Program will be part of the Chronic Disease Unit, along with Diabetes and Asthma. ▪ <i>CDC Media Campaign:</i> 'Physical Activity: The Arthritis Pain Reliever'. The CDC created spots will be run 120 times on the radio and the print ads will be placed in the Idaho Senior News September issue, the Idaho Statesman (3 times), the Idaho Press Tribune (2 times), and in the SHIBA newsletter. The brochure with inserts for a free trial class of PACE or Aquatics have been distributed at sites in Boise and Nampa. Patti is going to talk with Bonnie about direct mailing the brochures. ▪ <i>ISU Health Conference:</i> October 22-24. Victoria Merrill suggested a pharmacist with rheumatoid arthritis and Patti arranged for him to present on arthritis at the conference. ▪ Assisted Living Survey: We sent out 175, received some responses of interest in PACE classes. Bonnie reports 15-20 packets sent. Patti will send the survey one more time. ▪ <i>JA Day, Saturday:</i> October 11. Kent McCarthy is the featured speaker, along with Susan Gordon. Dr. Patrick Knibbe is the keynote speaker. There will be optional water exercise and pool play for the kids and arts and crafts as well. ▪ <i>Arthritis Walks:</i> The Arthritis Foundation is bringing the walks to Idaho, tentatively scheduled for Twin Falls and Pocatello in May, 2004. This is part of a broader effort to expand geographically into Idaho. AF will send Patti information on the AF board, so that Idaho people can apply for a position on the board. Victoria Saley described the work of AF in advocacy. She urged council members to write to Senator Craig, the Chair of the Commission on Aging. She suggested inviting legislators to PACE and other trainings. There is an Advocacy Summit in March, 2004 in Washington, D.C. This Summit provides an opportunity to learn more about advocacy and meet with your legislators. ▪ <i>Coming Explosion of Bone and Joint Disease:</i> Patti will attend Thursday, October 16, 2003, Boise; another will be held October 17 in Salt Lake City. ▪ <i>Medicare:</i> Karen Clark provided a handout on new Medicare limits on therapy services. ▪ <i>Arthritis Advocacy Training:</i> Selina Carver, Idaho Tobacco Prevention and Control Program Manager. (see handout) 	

SUBCOUNCILS

Did not meet separately during this meeting

FUTURE EVENTS

- *Arthritis Self-Help Leader Training* in Salt Lake City: September 12 & 13th
- Arthritis Self-Help, Ketchum: September 17, 2003
- Arthritis Self-Help, Twin Falls: September 18, 2003
- Arthritis Self-Help, Weiser: September 20, 2003
- Arthritis Self-Help, St. Luke's/Idaho Elks Rehab, Boise: September 30, 2003
- Arthritis Self-Help, Plummer: October 1, 2003
- *PACE Training*: October 9-10, 2003
- *Juvenile Arthritis Activity Day*: October 11, 2003
- *ISU HealthCare Conference*: October 23 and 24, 2003
- PACE training at St. Luke's Meridian Medical Center: November 14-15, 2003
- *St. Luke's/ Idaho Elks Rehabilitation Arthritis Support Group Meeting*, 4th floor- Call Darlene for more information at (208) 377-4253

October 2, 2003	Pain Management
November 6, 2003	How & What the Arthritis Foundation has for You
December 4, 2003	Warm Water Exercises
January 8, 2004	Wellness through Active Living
February 5, 2004	Food & Arthritis
March 4, 2004	Gardening & Arthritis
April 1, 2004	PACE Exercise on Land
May 6, 2004	Relaxation Techniques
June 3, 2004	Arthritis Perceptions

The next Arthritis Advisory Council meeting will be November 12, 2003.

Respectfully submitted, Deanna Jarvis, Administrative Assistant, September 11, 2003.